THE ELMS MEDICAL PRACTICE

November 2023 NEWS

The practice will be closed for staff training on Wednesday the 15th of November from 1pm-6:30pm.

We would like to welcome **Gemma Jones our new Health care assistant** to the team!

Cheshire & Wirral Partnership NHS Foundation Trust have launched a brand-new **Talking Therapies** website.

You can self-refer to the service and there is no need to see the GP first.

You can visit the website and complete the self-referral form or give them a ring on **0151 488 8348** between 9am and 5pm Monday to Friday. After giving a brief description of your problem, a mental health nurse will review the referral and an appointment will be sent to you within a few days.

www.talkingtherapies.cwp.nhs.uk



West and Central Cheshire Talking Therapies

Men's health awareness month

Movember is our time to unite. To take on mental health, suicide, prostate cancer, and testicular cancer.

Get support and more information:

https://uk.movember.com/mens-health/get-support





What the practice did in October....

One Practice /One Month

Number of new registrations = 72

The number of online consultations (PATCHS) = 192

Number of prescriptions issued = 2595

Number of referrals made = 46

Number of urgent 2-week referrals we made = 24

Number of cervical smears the practice nurses did = 56

Number of blood tests taken = 568

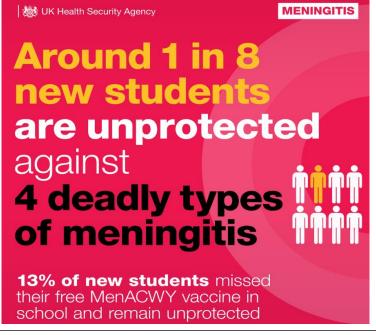
FLU VACCINATIONS

The practice administered **1373** flu vaccines to our patients in September 2023

MenACWY vaccination

"Fresher" students goiung to university for the first time should make sure that they've had the MenACWY vaccination to prevent meningitis and septicaemia, which can be deadly.

If you have missed the routine programme in school years 9 and 10 then contact the surgery to book an appointment with our practice nurse for the vaccine.



Patient Feedback Corner

I saw a nurse yesterday to check me for my pill. My appointment was at 1.20pm. I don't know the nurses name, but she was so lovely. Just a really helpful person who cared. What a great asset you have. Actually, I find the customer service from everyone great in the Elms, but it really felt like she cared about my wellbeing. Please tell her I appreciate how lovely she was, it can make all the difference to someone's day.

What a nice lady!

COVID AUTUMN BOOSTERS

We are pleased to say that we vaccinated 750 elderly and immunosuppressed patients over 5 clinics in October.



